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How Do You Remain Sexually Pure?

1 Thessalonians 4:3, 7 — *God wants you to be pure and to keep clear of all sexual sin… For God has not called us to be dirty-minded and full of lust, but to be holy and clean.*

Answer #1: Devote Yourself to God's Guidelines for Your Life

- Choose God's word over what the world says.
- Am I more committed to what God says will meet my needs, or to what I think will?
- God knows more about sex than we do — He understands the implications far better than we ever could.
- Purity only comes through following God's biblical guidelines. They exist to protect us, not restrict us.
- Sex outside of marriage always carries real consequences.

Answer #2: Be Mindful of Your Thoughts

- Every temptation starts in the mind.
- **Proverbs 4:23** — Be careful how you think; your life is shaped by your thoughts.
- **Proverbs 23:19** — Keep your mind on what is right.
- Every foolish action began as a foolish thought.
- Thoughts shape feelings, and feelings shape actions.
- **2 Timothy 2:22** — Turn your back on lustful thoughts and give your attention to goodness, integrity, love, and peace.

Answer #3: Be Careful What You Watch

- **Proverbs 15:14** — The fool feeds on trash.
- What you watch shapes your character and defines who you become.
- Screens lower your resistance to right and wrong — sin gets glamorized.
- Screens never show sex as sin. They never show the aftermath, and they never show sex as the good, sacred thing it's meant to be between spouses.

Answer #4: Don't Give Sin Any Chance

- Don't put yourself in situations where you know you'll be tempted.
- How to avoid these situations:
    - **Know what tempts you.** 1 Corinthians 10:12 — Be careful. If you think, "I'd never do that," take it as a warning — too many fall into sin thinking exactly that. Even Jesus was tempted; the more spiritually mature we grow, the harder Satan will try to tempt us.
    - **Choose your friends wisely.** 1 Corinthians 15:33 — Bad company corrupts good character.

Answer #5: Don't Underestimate the Cost of Sin

- **Proverbs 6:32** — Whoever commits adultery lacks sense; he who does it destroys himself.
- **Proverbs 6:26** — Immorality may cost you your life.
- The consequences always run deeper than physical pain — broken families, broken marriages, broken trust.
- **Hebrews 13:4** — God will judge the sexually immoral.
- God loves us too much to let us walk that road unwarned.